



Walk with a Provider

Every Saturday

9 am to 10 am

Enjoy the wonderful fall weather and beautiful sights around Fair Haven!

Come walk with an FHCHC medical provider and learn how to improve your health.

- Starting Place: Fair Haven Community Health Care, **374 Grand Ave., New Haven.**
- Total distance: 2 miles (Break in the middle).
- Please wear a mask, comfortable clothes, and walking shoes.
- Bring your own water bottle.
- Remember to maintain proper social distancing of 6 feet between yourself and others.

Please check FHCHC's Facebook page for updates if the weather is bad.



Scan me!