



Walk with a Provider

Saturday, September 21st at 9AM

Enjoy the wonderful fall weather and beautiful sights around Fair Haven!

Come walk with an FHCHC medical provider and learn how to improve your health.

- Starting Place: FHCHC, 374 Grand Ave, New Haven, CT
- Total distance: 2 miles (Short break at a mid-point.)
- Please wear comfortable clothes and shoes.

Rain date: September 28th at 9AM

For more information, go to
<http://chathamssquare.ning.com>

